


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	B: Fruit Smoothie, Cinnamon Toast, Fresh Fruit, Milk 1 Taco Salad Soft Shell Taco, Lettuce, Tomato, Veggie Stick, Hummus, Fries, Fresh Fruit, Milk	B: Egg Salad, Bagel Slices, Fresh Fruit, Milk 2 Teri Chicken with Pumpkin Salad Chicken Katsu, Shredded Cabbage, Steamed Rice, Spinach/Romaine Salad, Fresh Fruits, Milk 8:30 Recognition Assembly	B: Homemade French Toast, Syrup, Fresh Fruits, Milk 3 Chef Salad Cheese Pizza, Spinach/Romaine Salad, Edamame, Fresh Carrots, Fresh Fruits, Milk	B: Turkey Ham and Eggs, Toast, Fresh Fruits, Milk 4 Southwestern Chicken Salad Meatloaf, Gravy, Whipped Potatoes, Steamed Broccoli, Carrots, Rolls, Fresh Fruits, Milk MHS Homecoming Parade
7	8	9	10	11
FALL BREAK (NO SCHOOL)	FALL BREAK (NO SCHOOL)	FALL BREAK (NO SCHOOL)	FALL BREAK (NO SCHOOL)	FALL BREAK (NO SCHOOL)
B: Ham Link in a Bun, Fresh Fruit, Milk 14 Chicken Salad Sweet & Sour Pork, Steamed Rice, Rainbow Salad, Edamame, Fresh Fruits, Roll, Milk	B: Grilled Ham and Cheese, Fresh Fruits, Milk 15 Taco Salad Hamburger Steak, Gravy, Whipped Potato, Corn, Steamed Carrots, Fresh Fruits, Milk	B: Pork Patty, Steamed Rice, Fresh Fruit, Milk 16 Teri Chicken with Pumpkin Salad Mexican Lasagna, Spinach/Romaine Salad, Veggie Sticks, Dip, French Bread, Fresh Fruits, Milk	B: Papaya Bread, Yogurt, Fresh Fruit, Milk 17 Chef Salad Asian Style Chicken, Steamed Rice, Steamed Carrots, Edamame, Roll, Fresh Fruits, Milk	B: Fried Rice, Portuguese Sausage, Fresh Fruits, Milk 18 Southwestern Chicken Salad BBQ Pork Sandwich, Potato Fries, Coleslaw, Fresh Fruits, Milk
B: Sweet Bread Cinnamon Toast, Yogurt, Fresh Fruits, Milk 21 Chicken Salad Chicken Broccoli, Steamed Rice, Corn, Steamed Carrots, Roll, Fresh Fruits, Milk 8:15 FT: Gr. 4 - Bishop Museum Parent Teacher Conference School Ends 1:00	B: Breakfast Pizza, Fresh Fruit, Milk 22 Taco Salad Spaghetti with Meat Sauce, Spinach/Romaine Salad, French Bread, Fresh Fruits, Milk Parent Teacher Conference School Ends 1:00	B: Portuguese Sausage, Steamed Rice, Fresh Fruit, Milk 23 Teri Chicken with Pumpkin Salad Grilled Cheese, Tomato Soup, Steamed Broccoli, Steamed Carrots, Fresh Fruits, Milk Parent Teacher Conference School Ends 1:00	B: Plain Bagel, Cream Cheese, Yogurt, Fresh Fruits, Milk 24 Chef Salad Teri Burger, Veggie Sticks, Hummus, Potato Fries, Fresh Fruits, Milk Parent Teacher Conference School Ends 1:00	B: Loco Moco, Steamed Rice, Fresh Fruits, Milk 25 Southwestern Chicken Salad Pastrami Sandwich, Veggie Sticks, Dip, Edamame, Fresh Fruits, Milk Parent Teacher Conference School Ends 1:00
B: Breakfast Pizza, Fresh Fruits, Milk 28 Chicken Salad Cheese Pizza, Spinach/Romaine Salad, Edamame, Fresh Carrots, Fresh Fruits, Milk Parent Teacher Conference School Ends 1:00	B: Plain Bagel, Cream Cheese, Pork Patty, Fresh Fruits, Milk 29 Taco Salad Tuna Salad Sandwich, Lettuce, Corn Chowder, Veggie, Dip, Fresh Fruits, Milk Parent Teacher Conference School Ends 1:00	B: French Toast, Fresh Fruits, Milk 30 Teri Chicken with Pumpkin Salad Chicken Stir Fry, Steamed Broccoli, Roll, Fresh Fruits, Milk Parent Teacher Conference School Ends 1:00	B: Turkey, Ham and Egg, Toast, Fresh Fruits, Milk 31 Chef Salad Sloppy Joe, Veggie Sticks, Dip, Baked Beans, Corn, Fresh Fruits, Milk Parent Teacher Conference School Ends 1:00	Menu subject to change without notice. Meals include 1/2 pint of Milk Breakfast Served - 7:10 a.m. - 7:40 a.m. Lunch Served - 10:50 a.m. - 12:00 p.m.

WAIPAHU HIGH SCHOOL

BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
			Potato Rounds - Orange Wed	

In the operation of the child feeding program, no child will be discriminated against because of sex, color, national origin, age, or disability. If you believe that you have been discriminated against, write immediately to the Secretary of Agriculture, Washington, D. C. 20210. **MENU SUBJECT TO CHANGE WITHOUT NOTICE 1/2 PT. MILK SERVED W/MEAL**